



# How Can a Technology Mentor Help *You*?

Have you ever been frustrated with your computer and said...

- I'm not a technical person
- I'm "computer-illiterate"
- You have to be a "geek" to really understand computers
- I don't have time to learn what I want to learn

## **If so, a *technology mentor* may be right for you!**

You've probably heard someone say that humans use only a fraction of their total brainpower. Well, it's possible you're using just a fraction of your computer's power, simply because you don't realize everything it can do for you. Maybe you've thought, "I'm getting by just fine," or, "I just don't have time to learn," or, "Computers aren't my thing." But with the proper teaching, you can be empowered with knowledge to use your computer more efficiently and independently than ever before. Why settle for a mediocre technology experience even a day longer? Get the most out of your computer today!

**Your Guidance Assignment** — Please answer the questions below and return.

What would you learn to do with your computer technology if you had the time?

---

Whom do you call when you need to learn how to do something on the computer (and not just fix a problem)? How much of what you learn would you say you retain permanently?

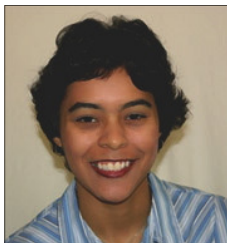
---

What computer tasks do you find to be the most time-consuming for you?

---

**LTF Tech** provides custom computer education to individuals and organizations. The mentoring relationship begins with your technology goals, and is entirely customized to suit your needs and level of comfort with computers. Training is available in a wide variety of technical topics, and is always given at your location (or an alternate location, if you wish).

Topics: E-mail • Word • Excel • PowerPoint • Digital Photography • Keyboard Shortcuts • Safe Online Shopping • Computer Hardware • and more!



*Kathy Montgomery*, owner of LTF Tech, has over ten years of professional experience in the computing field. Originally from the Bronx, NY, she moved to the Capital Region to attend the University at Albany, SUNY. After obtaining a Bachelor of Science in Mathematics (1998), she remained at the University for nearly seven years as a full-time information technology staff member, gaining vast expertise with Windows, Mac, and Linux systems. She left the University to launch LTF Tech in February 2005, and now uses her computing experience to empower others. Based on the motto, "Give a man a fish and he will eat for a day; teach a man to fish and he will eat for a lifetime," she says she helps people "Learn To Fish the vast ocean of computer know-how."

Kathy is a member of the Albany-Colonie Chamber of Commerce, Business Networking International, and Light of the World Christian Church in Latham. She resides in Colonie, NY.